

SAY WHAT

Students and Youth Working
on reproductive Health
Action Team

2018

Annual Report



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Progress, Resilience, And Commitment To Youth Empowerment

My pleasure to present SAYWHAT's 2018 Annual Report, showcasing the remarkable achievements and progress we have made in advancing the sexual and reproductive health rights of students and young people in Southern Africa. As an organisation deeply committed to this cause, we are thrilled to share the impact of our efforts the past year.

Throughout 2018, SAYWHAT, alongside our esteemed partners, embraced diversity and fortified our vision to ensure that all young people can fully enjoy their sexual and reproductive health rights. Despite facing various challenges, such as the cholera outbreak and restrictions on gatherings associated with the election period, we demonstrated unwavering resilience and remained steadfast in our commitment to serving the student community.

We underwent a comprehensive organisational development process to enhance our efficiency and effectiveness, paving the way for future improvements and strategic decision-making. This process has resulted in a report that will serve as a valuable road guiding our operations and systems strengthening in the future. Furthermore, we successfully hosted the Web for Life Conference, which was also attended by the First Lady of Zimbabwe, Cde Auxillia Mnangagwa. This event provided an essential platform for young women to dialogue and collaborate, elevating the discourse on sexual and reproductive health rights to new heights.

During the year under review, SAYWHAT received increasing requests from youth-serving organisations seeking partnerships and opportunities for capacity development. This recognition reaffirms our role as a mentor and catalyst for regional growth. We are committed to leveraging these partnerships to strengthen our mentoring initiatives, support other organisations, and strategically expand SAYWHAT's influence and reach.

As the Board Chairperson, I commend the secretariate for the remarkable achievements and unwavering dedication to improving the sexual and reproductive health rights of students and young people in Southern Africa. Our progress would not have been possible without the collective efforts of our committed staff, partners, and other stakeholders. We hope this report provides valuable insights into our accomplishments and inspires continued support for our mission.

Together, let us continue to empower and uplift the voices of students and young people, ensuring their rights are protected and their futures are filled with hope and opportunity.

With gratitude,

Mrs. Mungofa

Board Chairperson



Inspiring Progress For Youth Empowerment

It is that time of the year again when we reflect on what transpired during the previous year. I am privileged to have been part of the work that was done for the students and by the students, with the support of various funding partners in 2018.

Throughout 2018, SAYWHAT dedicated itself tirelessly to implementing various activities and interventions aimed at improving students' access to comprehensive sexual information and education, strengthening their life skills, and promoting gender equality. Supported by our invaluable partners, we reached an astounding 715,214 young people through various activities, including impactful workshops, thought-provoking campaigns, and extensive community outreach programs.

Moreover, SAYWHAT embraced a transformative change management process that fuelled our steady growth and enhanced our self-sufficiency. We fortified our institutional structure by focusing on critical areas such as human resources, financial management, leadership, governance, administration, networking, and regional coordination. These efforts have strengthened us to operate at our

maximum potential, guaranteeing the delivery of high-quality services to our beneficiaries.

As we peer into the future, SAYWHAT remains resolute in our commitment to championing the sexual and reproductive health and rights of students and youth across Southern Africa. We pledge to continue working collaboratively with our esteemed partners, stakeholders, and beneficiaries to achieve our collective goals and shape a brighter future for young people.

I extend my heartfelt gratitude to all those who have supported SAYWHAT in 2018 and beyond. Your unwavering commitment, contributions, and partnership have been instrumental in enabling us to make a profound and lasting difference in the lives of countless young people.

With deep appreciation and renewed determination,

Jimmy Wilford

Executive Director



Creating a lasting impact in tertiary institutions and beyond

I am pleased to introduce the remarkable work of SAYWHAT, an organisation that continues to create a lasting impact in tertiary institutions and beyond. SAYWHAT's unwavering commitment to structured management at all levels has garnered increased interest from partners eager to collaborate with the organisation. Their efforts to empower students and young people through various human rights models are commendable.

In 2018, SAYWHAT took a significant stride forward by establishing four new Resource Centers, equipped with state-of-the-art amenities designed to attract and engage more members. This strategic move allowed SAYWHAT to expand its reach and ensure that more students and young people could actively participate in the movement. Furthermore, the organization's unwavering focus on enhancing young people's access to comprehensive sexual and reproductive health, guided by critical instruments such as the Maputo Protocol, ESA Commitment, and SADC Protocol on Gender, showcases its dedication to addressing the ever-evolving SRH landscape for young individuals.

I am particularly thrilled to highlight the invaluable

support the Embassy of Sweden provided under the Action for Choice Project. This partnership represents a significant shift towards addressing young people's multifaceted challenges. Through collaborative efforts, SAYWHAT and its partners are actively empowering young people to take the lead in promoting their agency and advocating for their rights in all matters related to health.

As the NCC Chairperson, I am truly honoured to have this opportunity to showcase SAYWHAT's remarkable work to the world. I wholeheartedly commend the organisation for its unwavering dedication to empowering young people and promoting their rights. Together, let us continue to support SAYWHAT in its transformative journey of shaping a brighter future for the youth.

With sincere appreciation and excitement,

Linnet Zvoushe
NCC Chairperson

Acronyms And Abbreviations

ART	Anti-Retroviral Therapy
BUSE	Bindura University of Science Education
ESA	Eastern and Southern Africa
GBV	Gender Base Violence
GZU	Great Zimbabwe University
HIV	Human Immunodeficiency Syndrome
LCC	Local Coordinating Committee
LEAD	Leadership Exploration and Development
MSU	Midlands State University
MSUAS	Manicaland State University of Applied Sciences
NCC	National Coordinating Committee
NAC	National AIDS Council
NUST	National University of Science and Technology
PCC	Provincial Coordinating Committee
SAYWHAT	Students And Youth Working on Sexual and Reproductive Health Action Team
SADC	Southern African Development Community
SAIH	Norwegian Students and Academics' International Assistance Fund
SAT	Southern African Trust
SRH	Sexual and Reproductive Health
SRHR	Sexual and Reproductive Health Rights
TOP	Termination of Pregnancy Act
UN	United Nations
UNFPA	United Nations Population Fund
US	United States
USD	United States Dollars
UZ	University of Zimbabwe
VMMC	Voluntary Medical Male Circumcision
ZIMTOP	Zimbabwe Talk On Policy
ZNFPC	Zimbabwe National Family Planning Council

1.0 Introduction

Students And Youth Working on reproductive Health Action Team (SAYWHAT)'s 2018 Annual Report is an inspiring testament to the unwavering dedication by the organisation, to promoting Sexual and Reproductive Health and Rights (SRHR) for students and youth in Southern Africa. In 2018, SAYWHAT's vision was realized with the support of a substantial grant totaling USD 1,700,851. Throughout the year, SAYWHAT established impactful collaborations with several esteemed organizations including SAIH, Ford Foundation, Oxfam, UNFPA, UN Women, and a host of others. These collaborations served as the catalysts for realising ambitious goals. Despite navigating the terrain with limited resources, SAYWHAT remained unwavering in its dedication to addressing the needs of marginalized groups. Their endeavors in 2018 were not merely a collection of projects; rather, they represented an unwavering commitment to driving substantive change.

A remarkable example of SAYWHAT's transformative work is evident in the Securing Rights Programme. By employing their well-structured and departmentalized entities, encompassing Gender, Information and Advocacy, SRH and HIV, and Monitoring and Evaluation, SAYWHAT achieved a significant milestone in promoting an inclusive education system that does not discriminate based on disability. The One Campus Project, realized through collaboration with Oxfam, constituted a life-altering initiative that benefited over 6,000 young people living with disabilities and HIV.

SAYWHAT's impact resonated further through initiatives such as the Big Sister Young Sister Project, supported by the US Government Department. This DREAMS Innovation project reached approximately 5,400 adolescent girls and young women in six districts in Zimbabwe, playing a pivotal role in reducing HIV prevalence and ensuring the continuity of girls' education.



The narrative, however, extends beyond these accomplishments. SAYWHAT launched the Man-To-Man Campaign, aimed at reshaping attitudes and perceptions of men concerning Gender-Based Violence. Supported by UN Women, this campaign addressed a crucial issue that impacts the development of both young men and women in communities.

The Right Here, Right Now project, sponsored by the Dutch Government, sought to influence the school health policy through the Ministry of Primary and Secondary Education. The objective was to implement an inclusive school health policy that refrains from discrimination based on sexual orientation or identity, underscoring SAYWHAT's dedication to inclusivity.

Southern Africa Trust (SAT) played a pivotal role in fortifying SAYWHAT's organisational structures at all levels. This ensured that the organisation maintained a strategically advantageous position to mobilise its target population through Local Coordinating Committees (LCCs), Provincial Coordinating Committees (PCCs), and National Coordinating Committees (NCCs). This support played an instrumental role in SAYWHAT's continued progress.

In the year 2018, SAYWHAT secured a Grant Renewal from Amplify Change for the Zimbabwe Talk On Policy (ZimTOP) project, an initiative dedicated to advocating for the review of the existing Zimbabwe Termination of Pregnancy Act (TOP) of 1977, which features restrictive abortion laws. This project underscores SAYWHAT's unswerving dedication to advancing sexual and reproductive health rights.

Furthermore, 2018 marked a significant milestone as SAYWHAT extended its partnership with SAIH through a four-year grant titled the Leadership Exploration and Development Project (LEAD) which included in Zimbabwe and Southern Africa. The LEAD Project was designed to ensure an inclusive education and health delivery system, where students played a vital role in shaping and informing the design, implementation, and evaluation of major policies and strategies. The project aimed to equip students with the knowledge required to make informed and independent choices regarding their health and education, among other developmental priorities.

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2.0 Update On Programme Implementation



2.1 Access to Services

Outcome 1: Increased access and utilization of integrated sexual and reproductive health services and commodities that are gender responsive and meet the unique needs of students in tertiary students and young people.

SAYWHAT facilitated access to SRH, GBV and HIV services for 17 108 young people in higher learning institutions in the year under review, and the students received services through referrals from the resource centre. The young men and women were exposed to HIV testing, counselling, cancer screening, contraception and VMMC. The organization partnered with 4 clinics to achieve the above target. In addition to referrals, 3 health fairs were hosted, encouraging students to engage various service providers who were in attendance at the Health Fairs. The Health Fairs were conducted at Midlands State University, Gwanda State University and Manicaland State university of Applied Sciences. They were organized in a one stop shop model where students accessed all facilities in one place. Health fairs alone had a reach of 3 307 (1782

females and 1525 males). Students and college officials were appreciative of this idea and a quick analysis conducted demonstrated that more information on Emergency Contraception, Sexual Harassment, the Female Condom and ART was being sought.

To ensure youth friendly access to SRH services and commodities, the organization went on to establish six (6) resource centres at various institutions of higher learning. These add to the 4 already functional centres at University of Zimbabwe (UZ), National University of Science Education, Harare Institute of Technology and Bindura University of Science Education (BUSE) bringing the cumulative total to 10. This initiative has encouraged youths to meet, share information and experiences with regards to integrated SRH, HIV and GBV in their respective colleges. Furthermore, the component of edutainment which is part of the resource centres played an important role in attracting the youths.



2.2 Advocacy

Outcome 2: An enabling/operational (political, institutional, financial, and structural) environment that adequately support young people’s participation in policy and programme development and ensures improved access to sexual and reproductive health services and commodities.

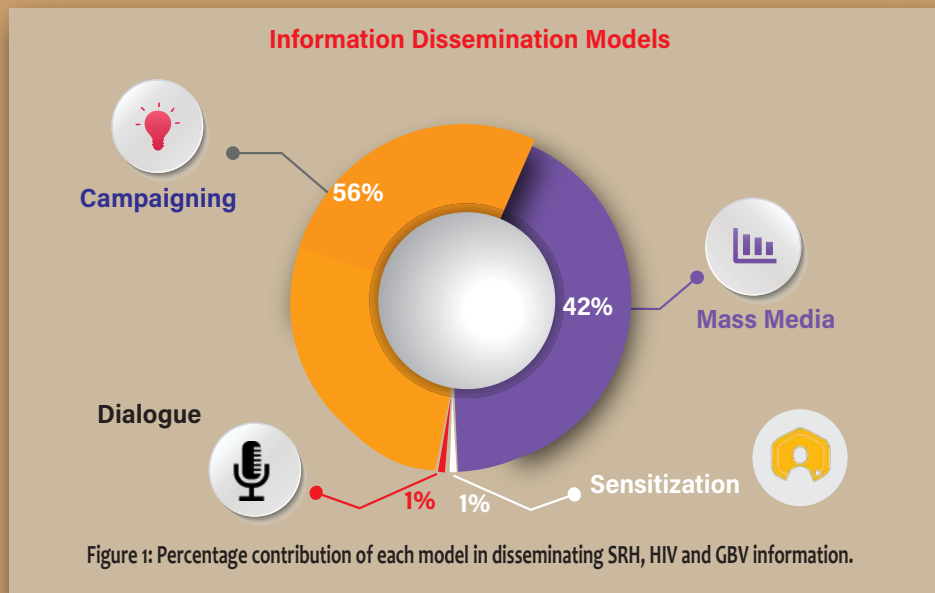
SAYWHAT’s advocacy work continues to provide a voice to the young adults on SRHR and hold the government and other duty bearers accountable. The organisation facilitated the holding of flagship events namely Mugota, Web of life and the National Students Conference. In these conferences students met with government officials, college leadership and other relevant stakeholders to dialogue. It is interesting to note that the students’ conference yielded instant results where 47 nurses were trained in ART initiation after an appeal to the Deputy Minister of Health and Child Care by the

students during the conference proceedings. This will address gaps in ART initiation where students were negatively reacting to the treatment.

Outcome 3: Improved access to adequate, accessible, and accurate information that informs behaviour change as well as students and youth’s competencies to prevent and manage negative sexual and reproductive health outcomes.

Information dissemination remains a vital component within SAYWHAT. It continues to play a major role of informing young adults on SRH, HIV and GBV. In addition, the target group are now aware of where they can access services and commodities. In 2018, the organization employed social media, face to face and dialogue platforms to inform young people with relevant information on their sexuality.

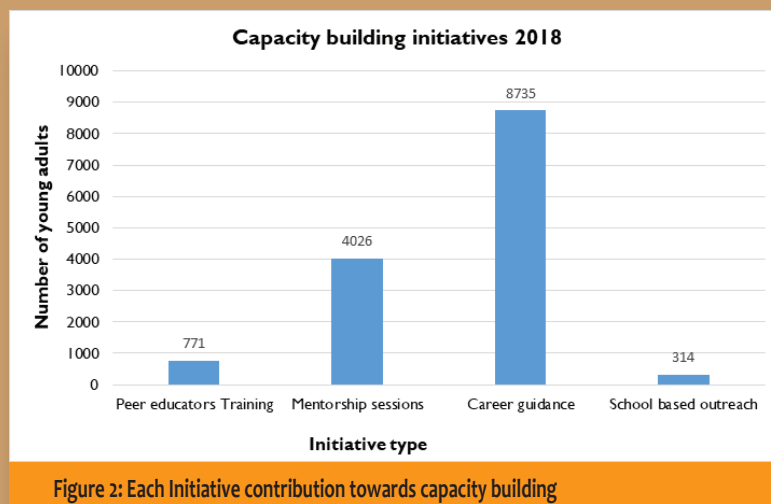
The following chart shows the contribution of each model to the total young adults who received information on integrated SRH:



According to the chart above, social media had the highest reach 56% (378 922) and the platforms included Facebook, tune me and you tube. This was followed by know your service and Condomize campaigns with 42% (284 656). Dialogue sessions contributed 1% (7 423) and lastly sensitization and inception meetings contributed less than 1% with 377 individuals reached. The organization spread its wings to school heads in 4 districts who were also part of the sensitization meetings.

2.3 Capacity Building

Skills development among young people on sexual and reproductive health remains key in the work of SAYWHAT. In the period under review, various trainings were done to develop various students' skills to inform their critical decision making on their lives and their outreach programs. The trained students went on to carry out mentorship sessions with high school. Students as well as career guidance. SAYWHAT has also been building the capacities of learners from high school equipping them with life skills in preparation of tertiary education.



Career guidance sessions reached the highest number of learners which was 8 735 and with mentorship reaching 4026 and peer educators' trainings reached 771 young people. High School based outreach programmes reached out to 314 learners. A significant number of nurses were trained with skills to provide youth friendly SRH services to students in tertiary clinics.



2.4 Career Guidance

There were 420 peer educators selected from 14 colleges were trained on SRH and capacitated to reach out to other students with an average of 10 students per each peer educator. This training was carried out with the support of UNFPA. SAYWHAT facilitated career guidance sessions to equip young people with necessary skills that will guide them in their chosen career paths, and the sessions had Gender and HIV components so as to help integrate SRH issues. Mentorship sessions were done in High schools where female students (big sister) would be mentoring girls learners.

3.0 Flagship Events

Flagship events are held annually with the support of all the partners working with SAYWHAT. These bring young people together to deliberate on issues affecting their SRHR whilst presenting their concerns to authorities, policy makers and other duty bearers. They also present an opportunity to build the capacity of students in advocacy, integrated SRHR and leadership.

3.1 Mugota/Ixhiba Young Men's Forum

Mugota is a forum for young men from various tertiary institutions who are motivated by the desire to see gender equality in the society. Men have been singled out as perpetrators of GBV and these young people have committed themselves to fight against GBV. In 2018, main Mugota forum was hosted during the National Students Conference and attended by 100 male students from 10 Universities. Key amongst the outcomes, the young men developed a male engagement strategy coupled with a work plan for 2019. They will train other young men in a bid to influence positive behaviour towards violence against women and girls in colleges and communities. Increased male engagement in issues of SRHR was recorded.

3.2 Web for Life Network

Web for life is a network created by SAYWHAT to bring together young women in the tertiary institutions to discuss issues that affect them in the absence of males. Web for life is a part of various women organisations and gives a voice to the young women in general and students in tertiary institutions in particular. In 2018 the web for life

network was held during the national students conference and attended by 165 young women from various institutions and communities. The young women agreed to continue to make use of the various policies and laws to ensure equality.

3.3 National Students Conference

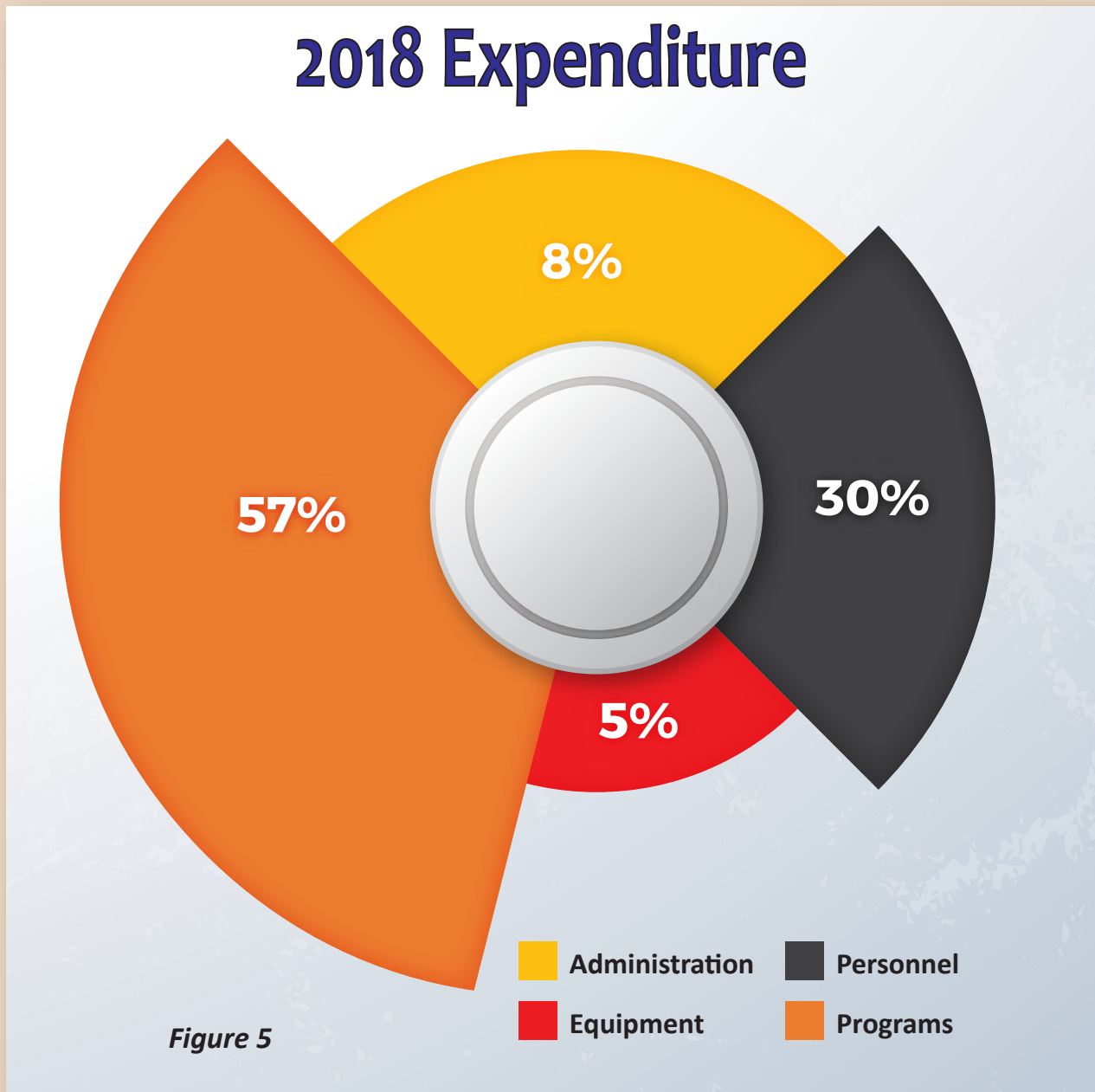
The national students conference brings together students from various institutions and stakeholders to collectively reflect on the trends and development on SRHR programming. This platform creates an interface for students, policy makers and funding partners to collectively find ways of addressing the challenges of students. The 2018 national students' conference was attended by 310 delegates. The delegates included students, government officials, funding partners, other implementing players. Key outcomes of the conference included amongst other things calls by the students for the authorities to continue to strengthen the health system to the benefit of young people. Furthermore, call was made to appreciate that more investments should be done in non-clinical models to respond to young people's health.



Student delegates participating at the National Students Conference

4.0 Finance and Administration

The operations of SAYWHAT are dependent on financial support that comes from various funding partners. SAYWHAT is grateful to the funding partners who have made the work possible. During the 2018 programming year, SAYWHAT received USD 1 701 888.00 from 10 funding partners that we worked with. If we are to compare 2018 and 2017 financial years, it can be noted that there was a reduction in come of 21%. This is due to the grants that came to an end and were not renewed.



The 2018 breakdown expenditure were as follows: administration expenses contributed 8%, equipment procurement 5%, personnel or staff costs contributed 30% both programs and support, while programs takes a greater chunk of 57% of the total expenditure.




5.0 Challenges And Recommendations

Challenges

2018 was an election year, and it has not been easy to gather students for the planned activities. This resulted in some targets not being met.

The continued outbreak of cholera in some parts of the country led to some restrictions on gatherings.

Lessons Learnt

-  It is important to note that resource centres have been embraced in colleges who have gone on to provide space for their establishment. SAYWHAT facilitated setting up of resource centres in 6 colleges through equipping them with entertainment equipment such as snooker tables. These attracted students who ended up dialoguing on SRHR, HIV and GBV issues.
-  There is a gap in operating the referral system and this was noted during community health fairs facilitated by SAYWHAT. Health staff were reluctant in case management.
-  Peer Educators who attended the National Students Conference lobbied the deputy Minister of Health and Child Care to strengthen SRH services being provided by college clinics. Immediately after the Conference, the Deputy Minister directed all Universities/Colleges to forward 1 Nurse for a National Training on ART initiation which was to be conducted by Zimbabwe National Family Planning Council (ZNFPC). Engagement of key policy makers and government representatives in such platforms yields instant results.

6.0 Conclusion

The Annual Report highlights the tireless efforts of the organization in promoting sexual and reproductive health rights, and their commitment to driving substantial change among students and youth in Southern Africa. The organization has collaborated with a multitude of esteemed organizations, including SAIH, Ford Foundation, Oxfam, UNFPA, UN Women, and many others, to achieve notable milestones in promoting an inclusive education system, implementing programs in accordance with their hardworking departments, and launching influential campaigns such as the Man-To-Man Campaign to reshape attitudes and perceptions of men concerning Gender-Based Violence.

SAYWHAT maintained a strategic position to mobilize its target population through Local Coordinating Committees (LCCs), Provincial Coordinating Committees (PCCs), and National Coordinating Committees (NCCs), which played an instrumental role in the organization's continued progress. Additionally, SAYWHAT worked hard in advocating for the review of the existing Zimbabwe Termination of Pregnancy Act (TOP) of 1977, which features restrictive abortion laws, showcasing their unwavering dedication to advancing sexual and reproductive health rights.

SAYWHAT extended its partnership with SAIH, marking a significant milestone as they launched the Leadership Exploration and Development Project (LEAD) in Zimbabwe and Southern Africa, aiming to equip students with knowledge to make informed and independent choices regarding their health and education. The organization's partnership with UNFPA continued into another season, expanding to more colleges and solidifying their commitment to providing essential services to students.

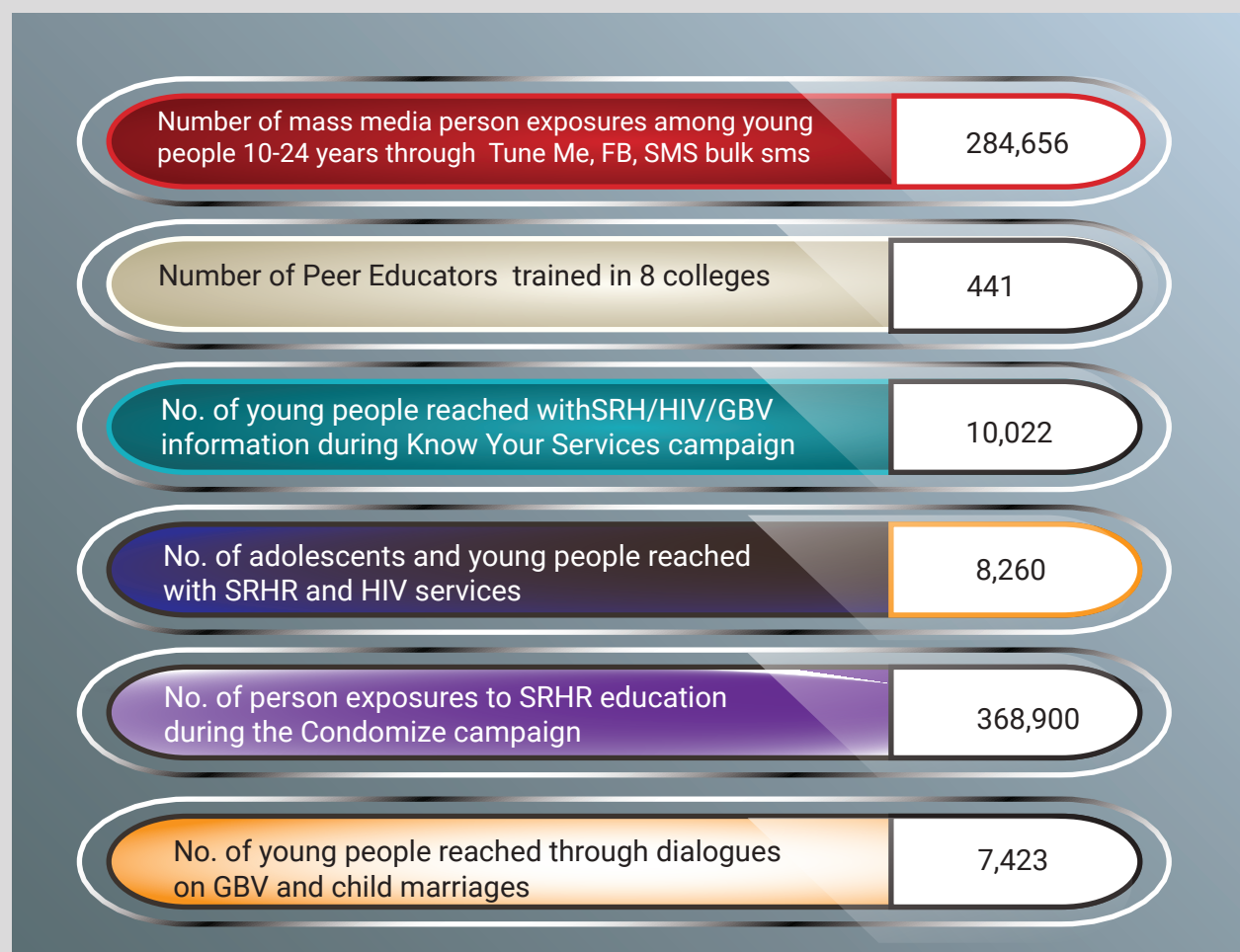
The Action for Choice Project, supported by the Embassy of Sweden, also marked another significant milestone for SAYWHAT, enhancing students' life skills and assertiveness in making positive choices concerning the utilization of Contraception, GBV, and HIV Services in 10 State Universities in Zimbabwe by 2021.

In conclusion, SAYWHAT's remarkable achievements in 2018 were made possible through their extensive networks and partnerships, which complemented their advocacy work, enhanced young people's access to SRH services, and facilitated the implementation of Youth Friendly SRHR programs.

Annexure 1: Big sister Reach 2018

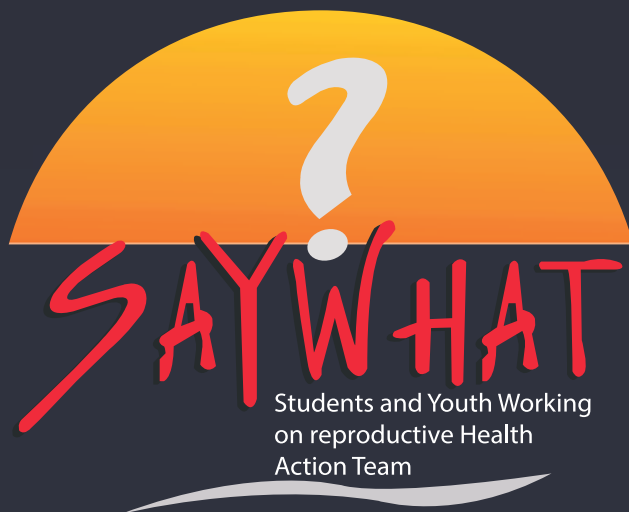
Name of Activity	of January – March 2018	Total Reach
Mentorship Sessions	Completed mentorship sessions with 4,026 recruited young sisters in the 4 districts of implementation	4 026
Referrals	Completed 737 of the 1390 referrals made in both the secondary schools and the teacher training colleges	1390
Career guidance Sessions	4242 community members were mobilized to participate in Gender and HIV prevention activities such as Career Guidance Days and Sports Exhibitions organized and facilitated by SAYWHAT	4242
Training of Big sisters	Trained 123 new Big Sisters to complement the existing number of active Big Sisters	123
Sensitization of Secondary school heads	Re-engaged 94 heads of secondary schools in the 4 districts	94

Annexure 2: UNFPA 2018



A Big THANKS to Our Partners





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