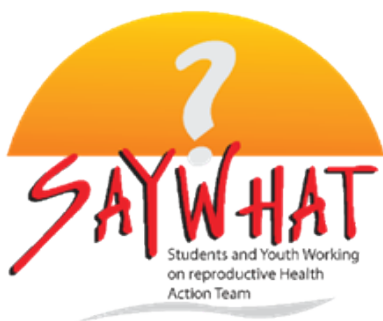


National Quiz Challenge Report



02-04 August 2022

“Enriching the Mind: A step towards a healthy generation”

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The SAYWHAT National Quiz Challenge is an annual knowledge game on Sexual and Reproductive Health and other contemporary health issues affecting young people in Zimbabwe and the Southern African region. SAYWHAT launched the inaugural quiz Challenge in 2019. The competition was tailor made to test knowledge levels of students on SRH and other contemporary health challenges. This model is unique in providing the dual benefits of testing the students' knowledge levels and identifying information gaps which will subsequently lead into the designing of innovative initiatives. The compound effect of fun and learning provided by the quiz competition gave SAYWHAT the impetus to make the quiz competition a permanent feature of its programming.

From the 3rd to the 4th of August 2022, SAYWHAT hosted the 4th edition of the National Quiz Challenge in partnership with National Aids Council, SAIH and UNFPA with the Swedish Embassy in Zimbabwe providing core support. The National Quiz Challenge was held under the theme 'Enriching the mind: a step towards a healthy generation'. The theme was a call to scale up efforts to mainstream Comprehensive sexuality education, a worthy investment because CSE empowers, builds self-esteem, informs about rights, and allows young people to make informed choices leading to improved health and well-being for young people. SAYWHAT recognizes that young people, like everyone else, have human rights, including sexual and reproductive rights. Ensuring the health of the world's youth is not only important from a human rights perspective, but also benefits communities and society as a whole.

The 4th edition was unique because it consisted of 6 provincial competitions, with the winners from each province competing at the national level. The 2022 competition widened its net to cover not only Universities but also Polytechnics and Agriculture Colleges.

The 2022 National Quiz Challenge was produced at the Studio of Choice, and all nine episodes were broadcast on DSTV channel 293 (3Ktv), while some were published on SAYWHAT social media pages. Harare Institute of Technology (HIT) emerged the 2022 National Winners of the challenge unseating Gwanda State University (GSU) who won the 2021 Challenge.

In general, the students demonstrated a strong understanding of Sexual Reproductive Health, indicating that SAYWHAT's initiatives, such as peer education and other models implemented through the different project including the Action for Choice are effective in higher learning institutions.

SAYWHAT is however concerned about the impact of several other public health issues that are interlinked to the sexual and reproductive health of young people. These include climate change, drug and substance abuse, tuberculosis, COVID-19, and mental health. As such, the 2022 Quiz challenge included questions related to these concerns to raise awareness and the impact these have to the health of young people. Notable there is a significant knowledge gap regarding climate change among young people that SAYWHAT must address through information dissemination and other intervention beyond the Quiz Challenge.

Objective 1: To analyse the cognitive abilities of students in retrieving SRH and health information.

Objective 2: To facilitate transferring of accurate information on communicable and non-communicable diseases as well as general health rights and information.

Objective 3: To inspire existing SRH curriculum review by both civic society organisations and college authorities through provision of a reliable source to analyse SRH and GBV information adequacy, comprehensiveness, and relevance.

Objective 4: To provide information on non-traditional programming areas for SAYWHAT such as Mental Health, drug and substance abuse, tuberculosis, COVID-19, climate change and the environment etc.

Expected Results

1. College authorities and civic society organisations realise the urgency and need to review the SRH curriculum to make it more comprehensive and relevant to the needs of students and young people.
2. Improved use of available SRHR information in decision making on the utilisation of available SRH services.



Knowledge acquisition and understanding is largely reflected through trials of test and examinations. The National Quiz Challenge is not different from such philosophical background and ideology, as SAYWHAT work hinges on behavioural change through information dissemination through various activities such as peer educator trainings, health fairs among a plethora of activities. As such the cordial relationship between information dissemination and feedback mechanism such as test or exams, in this case quiz challenge play a pivotal role in understanding the depth of the information young people possess on issues such as mental health, TB, gender among others. The Quiz challenges also act as assessment tool kit in programming as it identifies gaps and areas that needs great attention with regards to information dissemination on SRH and related issues.

Relatively, the competition also presents the chance for young people to be inquisitive during preparation as they will read around the carefully crafted categories, further cementing provision of comprehensive sexual education. History has shown that the recurrence of events creates a lasting memory. As such, participating in the Quiz Challenge from the provincial to national levels infuses comprehensive SRH knowledge into young people. The 2022 National Quiz Competition provided an opportunity for learning institutions to share information and as well as gain knowledge through the experience. Each new episode presented a unique challenge, allowing for identification of knowledge gaps and measuring progress during program implementation. The Challenge was a valuable experience for the students, providing them with a learning opportunity and a platform to analyse gaps in sexual and reproductive health and related issues. This will ultimately contribute to the development of a healthy younger generation, not only in Zimbabwe but also in the Southern Region.



Participants for the 2022 National Quiz Challenge were primarily selected by respective tertiary institutions based on their level of involvement and participation in Peer Education and other Health and Life Skills programmes on campus. Each participating institution selected 2 students (1 male, 1 female) as one prerequisite of the selection criteria informed by SAYWHAT's value of gender equality. It then followed that the same students who participated in the provincial competition were the ones required to proceed to the National Quiz Competition if they won the provincial competition. However, due to exam related commitments for other students who had made it to the National Competition, affected colleges had to find replacements within their peer education groups.



When producing a quiz challenge, it is important to plan methodically considering the process of question crafting, asking and responding to questions, maintaining a feasible time frame and determining how winning teams will proceed. As such, the Quiz competition had the technical support of experienced Quiz adjudicators who joined forces with the SAYWHAT team to ensure the efficient flow of the challenge.

The National Quiz Challenge was guided by the following rules:

- Each question carries 1 point.
- The Quiz Master shall read out each question twice before Quiz respondents start writing their response on their Quiz boards.
- Respondents shall be given 20 seconds to respond to each question after which they shall wait for the Quiz Master's instructions to raise their answer board.
- The Quiz Master may request each team to say out the response on their Board to assist Adjudicators in scoring.
- In the event of a tie, the Quiz Master shall call upon the respective teams for a round of tie-breaking questions to decide the winner.
- The tie-breaking round shall consist of 5 questions derived from across the categories of the competition. The team that scores highest of the 5 questions proceeds to the next round/episode.
- A dedicated and neutral team of Adjudicators shall adjudicate the quiz challenge and address an issue raised by Quiz respondents in line with the allocation of scores.



The questions were informed by the trending issues around SRH, GBV as well as emerging contemporary issues affecting young people and the global emergencies.

Theme 1 - Family Planning and Contraception

Theme 2- STIs, including HIV/AIDS

Theme 3 - SGBV and Sexual Health

Theme 4 - COVID-19, Malaria, TB, Mental Health, and Cancers of the Reproductive System.

Theme 5 – Climate Change and Environment

The structure of the 2022 National Quiz Challenge comprised of 3 preliminary rounds with 9 episodes, one semi-final round with 2 episodes and a grand finale comprising of 4 teams. All the 12 colleges were split into 3-episode groups through a raffle draw. This resulted in 3 groups of four teams emerging. The first 3 preliminary rounds included all the 12 colleges, with each one accruing points in each round they compete. The 4 teams with the least points were eliminated, leaving only 8 teams for the semi-final rounds which was grouped into two episodes through another raffle draw. The 4 teams with the least points from the 2 episodes would be eliminated leaving only 4 teams for the grand finale.

7.1. Round 1

All the 12 institutions were split into 3-episode groups through a raffle draw. This resulted in 3 groups of four teams emerging. In all the episodes, a similar quiz question paper was used. The other 8 teams were in quarantine as the first four conducted their first episode. This was implemented throughout round one, in which four teams competed while the other eight were in solitary confinement. Most students performed well during the first round. Students however struggled to answer questions on statistics. There is need for more sensitization on statistics related to SRHR and health in general.

The table below illustrates the teams which participated in round 1 and their scores.

Round 1: Episode 1

Institution	Raffle draw symbol	Points
Harare Institute of Technology	A	9
Gweru Polytechnic	B	11
Midlands State University	C	10
Mutare Polytechnic	D	7

Round 1: Episode 2

Institution	Raffle draw symbol	Points
Harare Polytechnic	I	6
Bindura University of Science Education	J	6
Masvingo Polytechnic	K	5
National University of Science Technology	L	8

Teams' accrued points at the end of each round and these points were used to determine the elimination of teams.

7.2. Round 2

Most students did not perform quite well in this round specifically in relation to Covid 19 and cancers of the reproductive system. Much emphasis must be put on these topics during our programming in these tertiary institutions.

Round 2: Episode 4

Institution	Raffle draw symbol	Points
Great Zimbabwe University	A	6
National University of Science Technology	B	9
Harare Institute of Technology	C	9
Midlands State University	D	9

Round 2: Episode 5

Institution	Raffle draw symbol	Points
Chinhoyi University of Technology	E	7
Harare Polytechnic	F	8
Bindura University of Science Education	G	5
Gweru Polytechnic	H	9

Round 2: Episode 6

Institution	Raffle draw symbol	Points
Gwanda State University	I	7
Mutare Polytechnic	J	6
Manicaland State University of Applied Science	K	6
Masvingo Polytechnic	L	5

7.3. Round 3

Although students generally performed well in this round, they struggled with questions related to abortion care and LGBTIQ. This shows a huge gap in those fields probably due to them being sensitive matters in Zimbabwe where both matters are not legally practised.

Round 3: Episode 7

Institution	Raffle draw symbol	Points
Manicaland State University of Applied Science	A	11
Gweru Polytechnic	B	10
Masvingo Polytechnic	C	9
Bindura University of Science Education	D	6

Round 3: Episode 8

Institution	Raffle draw symbol	Points
Midlands State University	E	12
Mutare Polytechnic	F	9
Harare Polytechnic	G	9
Chinhoyi University of Technology	H	7

Round 3: Episode 9

Institution	Raffle draw symbol	Points
Harare Institute of Technology	I	10
National University of Technology	J	11
Gwanda State University	K	12
Great Zimbabwe University	L	12

After the group stages, the competition eliminated four teams with the least points, leaving eight (8) teams to proceed to the semi-finals. The group rounds allow all colleges/institutions to earn points and compete in the semi-finals. The group rounds were designed to give all colleges/institutions a chance to earn points and potentially make it to the semi-finals. The table below indicates each institution and the points they accrued during the 3 group stage quiz competitions rounds.

Total Score sheet

Institution	Round 1	Round 2	Round 3	Total	Status
Bindura University of Science Education	6	5	6	17	Eliminated
Chinhoyi University of Technology	8	7	7	22	Eliminated
Gwanda State University	9	7	12	28	Proceeding
Gweru Polytechnic	11	9	10	30	Proceeding
Great Zimbabwe University	9	6	12	27	Proceeding
Harare Institute of Technology	6	9	10	25	Proceeding
Harare Polytechnic	6	8	9	23	Proceeding
Manicaland State University of Applied Science	9	6	11	26	Proceeding
Masvingo Polytechnic	5	5	9	19	Eliminated
Midlands State University	10	9	12	31	Proceeding
Mutare Polytechnic	7	6	9	22	Eliminated
National University of Science and Technology	8	9	11	28	Proceeding

Analysis

Category	Round Analysis	Recommendations
Round 1	In the first round, episode 1 and 2 managed to score above average points in respect of the different questions and categories. However, the last episode of the first round produced the least points of the session.	With regards to programming, there is need to strengthen the information content and availability of resources to young people, through the established resource centres which act as the Hub for information dissemination.
Round 2	The second round produced the least marks out of the 3 rounds conducted, with the teams that participated in the last episode exhibiting little knowledge on the questions and scoring an average mark compared to the first round. Round 2 posed a challenge especially category 2 (STIs including HIV/AIDS and Drugs and Substance Abuse) and category 3 (GBV including Sexual Reproductive Exploitation and Abuse, Menstrual Health Management, LGBTIQ+, Abortion care services. Students struggled and exhibited limited knowledge on the questions asked	SAYWHAT to strengthen content on STIs, HIV/AIDS and Drugs and Substance Abuse as student exhibited limited knowledge on the topics, hence the need to facilitate programming in the respectable.
Round 3	The third round was characterised by high levels of competitiveness as team strived to remain in the competition. There was an improvement from episode 1 to 3, with the third episode producing the highest points for the competition. However, some areas such	There is need for further in-depth programming on typical issues such as cancers of the reproductive system, tuberculosis, as the questions asked were general.



Only 8 colleges were left for the semi-finals after Bindura University of Science Education, Chinhoyi University of Technology, Masvingo Polytechnic, and Mutare Polytechnic were eliminated. The teams were paired through a raffle draw, as team members picked their group and raffle symbols. The following tables indicate the two semi-final competition results and teams that competed in each round.

The teams in the semi-final performed exceptionally well in all categories showing the greater work SAYWHAT is doing in tertiary institutions through their interactions with students.

Semi-final: Episode 10

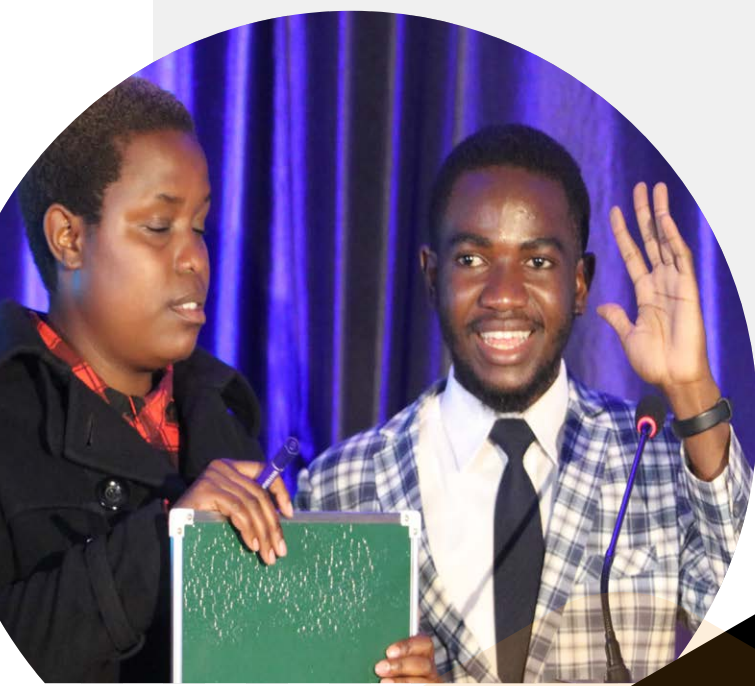
Institution	Raffle draw symbol	Points
Harare Institute of Technology	A	12
Great Zimbabwe University	B	12
National University of Science and Technology	C	12
Midlands State University	D	12

The first semi-finals had all team scoring a total of 12 points across all competing teams in the group. The teams were then quarantined to allow the other group to compete and later commence a tire-breaker to have the finalists.

Semi-final: Episode 11

Institution	Raffle draw symbol	Points
Manicaland State University of Applied Science	E	12
Harare Polytechnic	F	10
Gwanda State University	G	12
Gweru Polytechnic	H	12

In the second episode of the semi-final, only 3 teams managed to score all 12 points and unfortunately, Harare Polytechnic was eliminated leaving 3 colleges to enter a tie-breaking episode.



3.5.5 Tie-breaking

A tie breaker is an additional contest or period of play used to select a winner when a competition or part of a competition ends in a tie. In this case it was used when Gwanda State University, Manicaland State University of Applied Science and Gweru Polytechnic had a tie and had to battle out of the questions considered challenging. Below is the outcome of the clash:

Tie-Breaker 1, Episode 12

Institution	Raffle symbol	draw	Points
Manicaland State University of Applied Science	E		0
Gwanda State University	G		2
Gweru Polytechnic	H		1

After the tie-breaking round, Manicaland State University of Applied Science and Gweru Polytechnic were eliminated, leaving Gwanda State University.



Tie-Breaker, Episode 13

Institution	Raffle draw symbol	Points
Harare Institute of Technology	A	2
Great Zimbabwe University	B	3
National University of Science and Technology	C	0
Midlands State University	D	2

After the second episode of the tie-breaking round, **National University of Science and Technology** was eliminated, hence the final round was comprised of Harare Institute of Technology, Great Zimbabwe University, Gwanda State University and Midlands State University.

The grand finale featured four teams: Great Zimbabwe University, Gwanda State University, Harare Institute of Technology, and Midlands State University. These teams competed for the grand prize, and Harare Institute of Technology emerged as the winner. Gwanda State University, the defending champion, came in fourth place. The table below indicates the final results of the 2022 National Quiz Challenge in their order:

Institution	Positions
Harare Institute of Technology	1 st
Great Zimbabwe University	2 nd
Midlands State University	3 rd
Gwanda State University	4 th

9.1. Awards

The following awards were given to the winning teams in their order:

First place:

- The SAYWHAT Quiz trophy,
- 2 HP laptops for participants
- 3 gold medals (1 for the institutions and 2 for the participants).
- 3 certificates (1 for the institution and 2 for the participants)

Second place:

- 3 silver medals (1 for institution and 2 for the participants)
- 2 tablet phones for the participants
- 3 certificates (1 for the institution and 2 for the participants)

Third place:

- 3 bronze medals (1 for the institution and 2 for the participants)
- 2 cell phones for the participants
- 3 certificates (1 for the institution and 2 for the participants)



- SAYWHAT to strengthen its focus on other emerging issues such as Climate change and the environment.
- SAYWHAT to make future questionnaire especially for the semi-final and finals more challenging.
- SAYWHAT to improve the methodology and administer the tie-breakers session or question soon after every semi-final round.

The SAYWHAT National Coordinating Committee representative, Mr. Liberty Bvumbi from Masvingo Polytechnic, delivered the vote of thanks. During his speech, Mr. Bvumbi acknowledged all partners who supported the competitions. He expressed gratitude to the institutions that participated in the inaugural provincial Quiz competition, which paved the way for the National Quiz Competition. Mr. Bvumbi congratulated all participants for their hard work and emphasized that everyone gained valuable experience and knowledge from facing different tasks throughout the competition. Finally, the NCC representative applauded the work that SAYWHAT is doing within tertiary institutions and the community at large in provision of sexual reproductive health rights services, knowledge, and commodities to young people.

The competition effectively established a foundation for analysing the students' cognitive abilities in retrieving sexual and reproductive health (SRH) and health information, in which they showed proficiency. However, young people have yet to fully accept the reality and implications of climate change, which still seems like a distant and unfamiliar concept to them.

By utilizing the current understanding of Sexual and Reproductive Health, Gender-Based Violence, and other concerns that impact young individuals, educational institutions and community organizations can successfully revamp their curriculum to ensure that it includes enough information that is relevant, comprehensive, and adequate. This includes considering topics that are not typically covered under SAYWHAT programming, such as Mental Health, drug and alcohol addiction, tuberculosis, the COVID-19 pandemic, climate change, and environmental concerns, among others, for organizations like SAYWHAT.


In conclusion, the 2022 National Quiz Challenge was a success and set the standard for future competitions. Since SAYWHAT programming focuses on promoting positive behaviours, the quiz challenge provided an effective platform for sharing information and raising awareness about various issues among students and other stakeholders.





“Enriching the Mind: A step towards a healthy generation”



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